

The Alchemical Gold Formula

Possibly the Legendary Panacea to Cure All
Illnesses

By Treating the Lymphatic System

How Mercury Used to Treat Syphilis
in our ancestors may be the cause of Autism and
neurological diseases such as ALS and Parkinson's



By Michele Iqbal, D.H.M.S., PhD

It is well known that mercury poisoning causes DNA damage. Is it possible that our ancestors who treated syphilis and other skin conditions with mercury have inadvertently created neurological disorders in present generations?

There is no way to know except to try the remedy formula and find out.

Part 1: History of Syphilis and Mercury

Chapter 1 Syphilis

Syphilis was first identified in 1495 when a French army consisting of mostly mercenary soldiers from several European countries invaded Naples during the Italian wars. Upon conquering the city, the men reportedly spent some time mixing with the locals. The return to their countries of origin seems to have spread the disease throughout Europe rather quickly.

Many historians controversially trace the arrival of the disease in Europe to the sailors who had traveled to the new world with Columbus. Many of those men were soldiers in Italy at the time of the French invasion.

The use of an ointment containing mercury chloride, calomel, was suggested by the Swiss physician Paracelsus (1493-1541) as early as 1530. It's possible the treatment may have had a positive effect in halting the first stages of the illness. However, the disease commonly enters a dormant stage, making any assessment of efficacy difficult to ascertain. Despite the risks of organ failure, nerve damage,

tooth loss and skin ulcers, mercury would remain a popular treatment for syphilis from the 16th century into the early 20th century.

(sciencemuseum.org.uk, jmvh.org, 8/14/2024)

It seems armies are notoriously prone to infection among their enlisted men. During the first world war, syphilis was a huge problem, and many man hours were lost to the illness. So fearful of a repeat of this situation during the second world war, the American military issued *individual chemical prophylactic packets* that included a tube of ointment containing 30% calomel. The men were instructed to use the packet if there were any suspected exposure to infection. (med-dept.com, 8/14/2024)

The penicillin antibiotic was not available to the army until 1945. Development had begun in 1928 when Alexander Fleming first discovered that mold killed bacteria on a culture. Oxford University scientists began working on a possible drug in 1939. In 1941, the new medicine was first used successfully, but large-scale production took many drug companies working together to produce enough penicillin to make it available on a large scale. The militaries of both the U.S. and Britain needed sufficient supplies for the D-Day invasion. The antibiotic wasn't introduced to the public until 1946. Since then, syphilis had been successfully treated with this miracle cure. (acs.org, 8/14/2024)

Chapter 2 History of Autism

Autism may have been around for many centuries but called by other names, maybe as far back as the late 1700s.

In 1887, John Down described what he called “Idiot Savants.” He saw individual with generally poor mental abilities but with strong capacity in particular areas.

By 1911, the term childhood schizophrenia was commonly used to describe the symptoms of the spectrum.

In 1943, Leo Kanner first used the term “infantile autism.” From that time on until the 1960s, autism was thought to be caused by cold, frigid mothers until Anna Jean Ayes called the problem a “sensory processing disorder.”

The World Health Organization first recognized autism as a disorder distinct from schizophrenia in 1978. (https://en.wikipedia.org/wiki/History_of_autism)

I personally became aware of the symptoms of ASD when children in my immediate family started displaying characteristics. It was at the time I was living in Pakistan with my husband and studying homeopathy. My introduction to the homeopathic discipline coincided with a relief of many of the typical problems,

which immediately got my attention. I have been working with the parents of children ever since in an attempt to find a permanent and thorough solution.

I suspect that the difficulties associated with autism and all of the varieties of how the symptoms manifest in individual children, can be traced to an ancestor being treated with mercury for syphilis. The symptoms have become epidemic since the 1990s and getting more common ever since. It is very possible this rise in ASD cases is due to DNA damage caused by calomel ointment used as a prophylactic treatment by troops during World War II—both British and American. Perhaps the baby-boomer generation carried the genetic impairment, but their children and grandchildren unfortunately seem to manifest the symptoms. I believe the damage to the chromosomes and genes may have begun even earlier in past generations and the ancestors of those soldiers. I often find that the parents of the children I treat also display a mild form of the symptoms. That doubling of damage could explain the more severe cases of autism we see today.

Mercury poisoning is known to cause DNA damage by interfering with cell structures, possibly leading to mutations. The neurons and central nervous system seem to be affected, causing cognitive and motor dysfunction. The people poisoned by mercury treatment for syphilis did not pass down material mercury poisoning, but rather the damage in DNA. Attempts to treat the spectrum with chelation has little or no effect.

The genetic impairment appears to affect the lymphatic system, a very important network of channels in the body that medical science has only now begun to study and understand. A poorly functioning or mal-formed lymphatic system can affect the entire body causing some of the nutritional and gestic symptoms we see in ASD children. The limbic areas of the brain are also affected, which can explain the cognitive and memory problems.

The protocol of remedies and formulas I developed and used with multiple children worldwide in 2016 showed some success in relief of symptoms. However, in 2024, I had an epiphany to update my gold formula. It is the new preparation that contains homeopathically potentized Mercurious Solibulis that I believe will be found to reverse most symptoms of autism and other neurological disorders. It is possible this new formula that I call the Alchemical Gold Formula can correct the damage caused by the use of material forms of mercury to treat disease in the ancient past as well as in more recent generations.

Chapter 3 What I've Discover about Autism

There is a lot of speculation about the cause and potential cure of autistic spectrum disorders (ASD). But no cure has been found, only therapeutic treatment

and attempts to modify symptoms. I have spent over forty years studying and contemplating the problem as I've talked to families. I have seen some progress toward cognitive expansion, but a complete healing on a large scale has been elusive. Yet, I have always believed I would find a solution in homeopathy because I have seen flickers of success and glimmers of hope in that possibility.

Through the years, I have found that it is common for one or both parents to show symptoms attributable to the spectrum. These could be as mild as personality flaws, such as social awkwardness or shyness. Also, stronger traits such as aversions to certain foods or sensitivity to smells might also appear.

I observe high levels of intelligence in the families, particularly on the paternal side. The child's father will most often show a genius-level intellect. If the mother is also exceptional, her father could be identified as uncommonly smart or clever. Many parents had professions requiring a special form of mental processing. This included technology, software engineering or one of the medical professions. Intelligence doesn't always reflect in the profession, but sometimes expressed through a hobby related to memorizing large amounts of data. This might be reflected in an interest in a particular historical period, an animal species, a geographic region, or an artistic endeavor.

If the genius didn't appear in the parent, it did in a grandparent. Sometimes many generations or several members of a family group could be placed in the

highly intelligent category. Often, there are other autistic children in the extended family.

Another pattern that emerged from my case-taking was the perceived appearance of ASD symptoms at about the same age for almost all the children. The most common age when problems arose was around eighteen months—usually after the administration of a vaccine—leading to the belief that vaccines were a cause. A mercury-based preservative has been suspected. Although metal poisoning is often suspect, it is not from vaccines and does not respond to chelation therapy as discussed earlier.

I've talked to several families with more than one autistic child. Some parents who had attributed ASD problems to the administration of an inoculation for the first child had refused vaccines all together for the next. Yet, the development of symptoms for the younger children occurred at about the same age.

Many years of contemplation and investigation has led me to understand the appearance of symptoms is due to the mal formation of one of the energy bodies that should begin to form at about nine months of age. Due to the genetic anomaly, the auric structure that would normally form and help the child develop eye contact, awareness of surroundings, and speech does not form correctly. Sometimes, any sort of physical or emotional stress, such as the administration of a

vaccine, a bad cold or flu virus, a long plane trip, or moving to a new house, can bring on symptoms suddenly.

Often a sibling who appears normal will display a mild form of autism that is diagnosed as Attention Deficient Disorder or a learning disability.

Another pattern that is observable in the disorder is sensitivity to sound or light. This can manifest as a fear of the dark, crowds, bright lights, or of just leaving the house.

These children may avoid eye contact or refuse to acknowledge the presence of family members or caregivers. In the most severe cases, they are totally unaware of their environment or the meaning of time. They will often wear the same kind of clothes or one outfit every day or must have a favorite blanket or toy all the time. Repeating specific behaviors and suffering an anxiety meltdown over something out-of-routine is common.

There is usually pickiness in eating habits where the child will refuse foods of a certain texture or will eat the same meal every day—often rejecting new or unfamiliar offerings. Most display intolerance to a food group—particularly anything with gluten or dairy. Some have digestive issues, such as constipation or chronic diarrhea. Recurring infections are common, and many of these kids will have lost tonsils or adenoids to surgical removal.

Many children diagnosed with ASD symptoms also display apraxia—meaning there is poor muscle tone throughout the body. They can be unable to pedal a tricycle or bike, throw a ball, or even chew food properly.

I've discovered that several parents have had their child genetically tested, looking for an inherited cause for autism. There seems to be a variety of genetic anomalies discovered, but none that can be conclusively linked to the spectrum—yet I have over the years strongly believed that a genetic connection exists. I believe this because of the occurrence of autism across generational lines or with multiple children in the same family. DNA is complicated, and maybe not all of the material is discernible through scientific means. Perhaps some aspects are not visible to current instrumentation. In fact, metaphysical sources of information indicate that there are several layers of DNA that occur in higher dimensions and not at all visible to us in our three-dimensional realm.

At the time I turned seventy-years old, and just before the pandemic in 2020, I retired from active practice and closed my office. If the parents of autistic children contacted me, I refused treatment since I felt I had nothing new to offer. Even though my gold-formula protocol for ASD had been successful in some ways, it was not as helpful as I would have desired.

In 2023, I realized my deepest issues with body bulk followed a genetic line and I started to research the lymphatic system. The real revelation was that autism is a part of that lymphatic problem.

Amazingly, my intuitive and inspirational sources indicated that the true cause of autism and ASD symptoms is indeed the same inherited lazy lymphatic system I was attempting to address. That poorly understood and understudied network is the cause of many weight issues, poor thyroid function, weak muscle tone, recurring infections, imperfect immunity, and all other issues included in the ASD spectrum.

It seems this improperly functioning body system interferes with the development of the sixth energy body. In this situation, some parts of brain activity fail while other areas become more acute, leading to the characteristic savant and high-intellectual nature of most autistics.

The ten, spherical-shaped bands of energy that surround, interpenetrate, and animate the physical body of every living being can develop with parts missing.



(As described in Chapter 5)

The sixth energy body forms around the second year and may begin to form



as early as nine months. In normal children, this sphere would govern that ‘terrible twos’ stage where a child is learning to be an independent person separate from the parents. In general, its development will guide us into socialization, our place in society, and the ability to read signals from people who are around us.

It seems that the inherited “lazy” lymphatic system is not delivering the proper form of neurotransmitters to nerve cells, and this 6th energy body does not form correctly as structures within this sphere go missing.

The common indicator for this problem is the late or absent development of independent speech. Independent speech means the child is generating words and ideas on his own, not just imitating what is heard. In higher functioning autistics, there may be a lisp or other impediment due to poor muscle development in the facial areas responsible for articulation.

Another symptom is the inability to follow directions or listen to instructions.

Usually present in this situation is awkward or absent social interaction, the lack of ability to read cues of proper conduct, or meaningful messages in body language. It is likely that some level of genius or savant characteristics will also be observed.

These deficiencies most often carry into adulthood in even the high-functioning ASD person. Think of the character ‘Sheldon’ from the TV show Big Bang Theory.

Also, the development of the seventh energy body may be impacted by inherited factors. This structure normally appears between the fourth and fifth year, when we begin school and governs the ability of the individual to acquire knowledge. A child may have a perfectly normal sixth energy body but suffer some



anomaly in the seventh.

A minor structural mal-formation in this sphere may be responsible for learning disabilities such as dyslexia, reading-comprehension problems, or attention-deficit disorder.

Chapter 4 The Lymphatic System

Lymphatic Problem

The lymphatic system is important for immunity and the ability of the body to fight off bacterial and viral invasion. That much is well known. What may not be completely understood is that a person can inherit a mal-formed or poorly functioning lymphatic system—stemming from the ancestral use of mercury to treat syphilitic infections. This is what I call a “Lazy” lymphatic system. The evidence of this is often a history of recurring infections since childhood, frequent occurrences of colds and flu throughout life, and a lower level of thyroid function.

People who inherit this “lazy” lymphatic system can display symptoms ranging from:

1. A certain level of pudginess from an early age leading to a lifelong problem with weight management.
2. Autism related disorders
3. Symptoms consistent with the development of ALS and other neurological diseases such as Parkinson’s and MS.

This is because this “lazy” system allows nutrients and debris particles to be left behind and accumulate where they shouldn’t be. However, the related

problems can be different for different people, depending on where the material is allowed to collect or the severity of the affliction.

Weight issues and a pudgy appearance is due to accumulated debris causing certain areas of the body to appear puffier than normal.

The badly functioning complex can possibly cause congestion in the limbic sections of the brain. This may lead to enlargement as parts of the brain become overloaded with lymphatic debris, which in turn can lead to the development of ASD problems. This overload can also affect other cerebral structures in a different way, allowing the opposite effect, the development of enhanced mental functions—what we think of as savant qualities.

In another person, debris may be deposited in muscle tissue. Perhaps there are small amounts in the early years, when pudginess is not present. Through time, more and more is left behind. Eventually, the accumulation can cause nerves to malfunction and the result could be the development of neurological diseases such as ALS and Parkinson's.

I call it “lazy” because the lymphatic system is responsible for carrying nutrients from the intestinal secretions to the bloodstream. Fats and proteins travel in the blood to receptor sites on cells for use in metabolic processes. However, the lazy system only manages to deliver some of these elements to the blood—and in turn to the cells. The rest is stored with lymphatic fluids that get left behind and

deposited between layers of muscle tissue and other sites via the interstitial fluids throughout the body.

The interstitial fluids surround all living cells and bathe the outside of them. These liquids are responsible for carrying nutrients, hormones, and neurotransmitters to the cell outside of what the blood stream provides. They are also in charge of removing cellular waste from metabolic processes and other debris that is released from each cellular unit. The lymphatic system rules these functions.

The mal-functioning system is too lazy to carry nutrients and waste efficiently. Some of these molecules are left behind and stored with interstitial spaces outside of adipose/fat tissue. These storage sites are common in the upper thighs and buttock, the abdomen, and upper arms. Although, they can occur anywhere. The problem can be compared to a courier who inadvertently drops some of his packages on his delivery route—too lazy to be aware or take notice of what he's doing.

In my family, the chubby look and life-long dieting described how my maternal grandmother lived her life. My existence is affected in the same way, including severe, recurring infections. Sadly, this entire situation describes my youngest granddaughter. The lymphatic issues can skip generations. My mother, my daughter, or my older granddaughter did not develop the pudginess. My father

was affected with Parkinson's and died of related illnesses. Another person in the family was diagnosed with Neurofibromatosis. Early intervention of my original gold formula may have been responsible for preventing the development of the characteristic tumors. Several children in the extended lineage had displayed ASD symptoms in varying degrees.

Chapter 10 describes my experiences that have led to the development and testing of the Gold Formulas. But first, let's explore how the body truly functions and how homeopathic remedies can influence health.

Part 2—Energy Bodies

Chapter 5 We are Animated by Energy Bodies

“It is not the physical scientist but the
fully self-realized master who comprehends
the true nature of matter.”

Yogi Paramhansa Yogananda¹

I discovered and identified these spheres early in my metaphysical investigations—and have been lecturing about their existence for many years. I have developed a system for choosing a homeopathic potency for my clients based

on the location of an illness within these formations. But if you are skeptical about their existence, read Lynne McTaggart's book, *The Field*.² The experiments conducted and reported by Dr. McTaggart scientifically prove the reality of what I am about to explain. The energy-body structures have also been mentioned in the Edgar Casey materials (Reading 3102-P-1) and hinted at by the Neo-Platonic philosophers of ancient Greece. These configurations are our **vital force**.

The Energy Bodies

At the time a baby is born, there are four energy bodies present. If any one of these structures did not develop properly or is missing, the baby will not survive. These first four are responsible for control of physical functions of the body, the functions that are automatic and not controlled by thought, such as the heartbeat, respiration, digestion, eliminating, etc.

As the baby grows and develops, other energy bodies form. By the age of twelve, there are a total of ten energetic spheres present. Each one is responsible for different abilities that have activated according to the experiences of the individual during these first twelve years of life. The influence of memories that came with the soul from past lifetimes and ancestral DNA are also present.

Have you ever seen those little Russian nesting dolls, where one doll fits inside another and another? Imagine that as an example of these energy bodies

surrounding the physical body. Four are internal, six are external and comprise what we see in the aura.

The first four energy bodies are responsible for the physical functions of the body such as respiration and heartbeat, digestion and elimination—all the processes that make life possible

The fifth one crosses the skin barrier and carries information we inherit from our genetic line and the expression of genetic material—as well as what the soul brings from previous lifetimes. That is why inherited characteristics often show up



as chronic skin problems.

The sixth through the tenth energy bodies are the ones that separate us from other animals. All animals have the first four or five depending on the species. That's why your pet can seemingly talk to you. Domesticated animals have learned to pattern energy bodies after ours and intertwine us with them. This intertwining has become more pronounced over the last few decades to the point where our pets have become family members. A wild animal generally does not have the ability to

pattern their energy spheres to mesh with human energy bodies. Yet, it seems even the untamed beasts on our planet are beginning to acquire a bit of this skill.

The sixth energy body forms between the second and third year, during that ‘terrible-twos’ stage when the child learns they are a separate person from the parents. This structure helps guides us into socialization and our place in society.



The seventh one develops between the fourth and fifth year, when we begin school, and governs the ability of the individual to acquire knowledge.



The eighth, forming between the sixth and seventh years, is responsible for perceptual comprehension and the ability of the individual to form thought patterns

that influence learning. This is the time at which the ability to calculate math



begins to develop.

The ninth energy body is in place by the tenth year. This structure helps us socialize and read other people. This is the age at which we become aware of a larger world and how politics may affect our life. It is usually the age when most



people form the friendships they keep for life.

The tenth, in place by the twelfth year, governs the development of independent thought and extra-sensory perception. Every individual has all ten, but how they develop is influenced by inheritance and the experiences and the training



the person receives in their lifetime. Some are able to develop abilities more quickly than what is considered normal, while others are stunted in their progress.

Two more energy bodies appear just before we make our transition out of the body through death. Their purpose is to help the pure energy of the soul make its transition back to an alternate dimensional place of origin. The first of these may materialize up to a year, maybe a year and a half, before the final transition. These structures would have formed even in the case of sudden, unexpected death. If loved ones were to think back, they would probably find that signs, behaviors, and situations leading to the passing were present long before the actual death.

It sometimes happens that the formation of these two-death related energetic spheres can open a doorway to other dimensions and the individual may experience unusual dreams, emotional transformation, spirit communication, or personality changes.

Indications that these transitional spheres are developing may be observed. There might be a new or sudden interest in religion, or a loathing of one's previous

devotion. Self-destructive behavior may be taking place. There is often a refusal to seek help or take advice. Many times, there are several missed opportunities that, if realized, would have made things work out differently for the person. Depression and self-doubt may also develop, leading to the destructive behavior that can end the life. The soul/spirit of the individual holds knowledge of the agenda and creates the situations leading to the end through these final two energy bodies. Once those structures begin to develop, life-saving measures will not change the inevitable outcome. On the other hand, if a person is deathly ill, but these bodies have not formed, the individual will survive against all odds.

The Energy Levels

In addition to the ten energy bodies that develop while incarnate as functions of the brain and conscious mind, there are six energy levels that connect us to the immaterial aspects of life outside of the physical body. These areas include a connection to time, the subconscious, the unseen spirit world, and directly to the divine. Some practitioners call these structures causal bodies, etheric bodies or circles of enlightenment. Whatever term is used does not matter. What matters is the understanding that these energy levels are very real structures that are essential to our ability to function in our world.

All ten energy bodies that animate our material body are situated within the first level, **the physical level**. However, the energy bodies are connected to **all** the levels, at **all** times. This happens through the Chakra points that emanate from the endocrine glands.



The white box represents level one

This first level, the physical, governs our primal fears and survival instincts. This energy level would develop with the first four energy bodies during the fetal gestation period.

The second, **the mental energy level**, connects us to time and allows recognition of the self in the sequence of time. This level would develop along with the fifth and sixth energy bodies. That familiar refrain “are we there yet?” of young children on a road trip is evidence this energy level had not yet come into play.

If this mental level does not function properly, the individual has difficulty understanding the sequencing of events and would appear selfish and self-centered.



The orange box is level two

The **emotional energy level**, the third one, connects us to the racial and ethnic information of our physical inheritance and gives us our identity, feelings of patriotism and race membership. This level would develop with the eighth and ninth energy bodies. A person stuck at this level would embrace the concepts of chosen and rejected peoples and would have difficulty getting over prejudicial



thinking.

Pink represents the third level

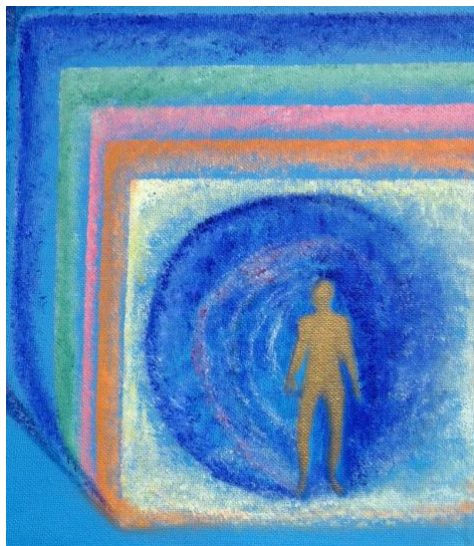
The fourth energy level, the **psychological level**, connects us to the universal collective consciousness through which we may experience a feeling of proper conduct and an understanding of what is right or wrong in dealing with members of humanity. This level governs the ability to perceive what is good for all peoples on the planet. Although most have this level present by the age of ten, it may not be fully functional until after the age of sixty. Many people remain self-centered and think of only what is good for themselves as an individual until they mature into the fully functional ability of this level. Theoretically, our best world leaders should be those over the age of sixty because they may have fully developed the ability to think of the welfare of all of humankind.



Green box represents level four

However, full function of this level seems to be underdeveloped in many people in more recent decades.

The **psychic energy level**, the fifth one, the dark blue in this picture,



connects us to the unseen world of spirit guides and angels from which we draw the feelings of intuition. This is the level that helps us feel that there is a consciousness greater than ourselves—and not all our ideas come from us alone. There are a few rare and remarkable individuals who connect to a spirit guide early in life as this level manifests at a younger than normal age. However, in the last couple of millennia the third-dimensional embeddedness of our physical and spiritual bodies seems to have prevented this level from full developed in most of humanity. Although that could be changing.

The sixth and the final energy level, **the spiritual**, connects us directly to the God consciousness and higher-level spirit communication. This is the level that takes the individual from citizen of his country and a member of the human race upward to become a citizen of the universe.



Lavender in this picture

We all have these ten energy bodies and six levels, but not everyone has function in all areas of these structures. Full development may possibly take place progressively for many souls through the lessons of multiple lifetimes until the individual spirit reaches the state of true enlightenment. This enlightened circumstance is rare in the modern world. Although, it could evolve naturally in the future as human consciousness advances and we let go of our concretized belief systems.

Full Function

The advantages of allowing special abilities latent in the energy bodies and levels to reactivate and develop are numerous. These may include the ability to automatically know what is good for you and what is not, to know when someone lies to you or is manipulating your feelings, as well as the ability to create and

manifest desires. These properties are just waiting to be reactivated. When operational, it would be possible for individuals to avoid becoming victims of domestic violence, money scams, unnecessary or harmful health-improvement products and corrupt politicians. It may also be possible for individuals to scan the ethers for danger signals or make proper decisions for future safety. More importantly, development of latent functions could lead to extraordinary healing ability, telepathic communication, and many skills now uncommon to humanity.

Changing the Past

Learning to develop, trust, listen to, and understand emotional-based knowing seems extremely necessary at the present time. A lot of people appear unhappy, sick, or desperate for answers to their problems. Our social, economic, political, and medical systems are shifting. We are at a critical stage. It is possible to find our way, but we must create awareness.

Quantum energy is the form of energy that acts according to the desires of the observer. Niels Bohr described it well. He wrote that whatever the scientist expected to observe, the energetic impulse of his thoughts would create that effect.

An impulse of quantum energy can create an impact on the functions of energy bodies in the human in two ways: The first would be through meditation and thought processes. The second would be through the quantum energetic

impulse of Qi (chi) energy from a master healer or potentized homeopathic remedy formulas.

Now, is the perfect time in history to talk about restoring the glory of special abilities that can help increase longevity in the normal person. It seems a travesty that in today's world, we only live 70 to 100 years or so. Just when we gain enough experience to really know how the world functions, we become infirm and die. In the Western world, it's even worse because often older people become demented, and we lose accumulated wisdom. However, in reading books by Alice Bailey, a member of the Theosophical Society of the 1930s,³ I thought it possible that the shorter life span of modern humans has allowed for a faster evolutionary process. That need for a shorter lifespan may be coming to an end. Perhaps we have reached our goals in brain development and have completed evolution. Some metaphysicians believe this to be true.

Affecting Autism

Many high-functioning autistics do not want to be cured, if a cure were possible. They believe they could lose their special abilities and savant qualities. Since those remarkable cognitive abilities have already developed in the corresponding energy bodies and levels, it is possible they will be retained when other symptoms of the social awkwardness and physical disorders disappear. This

is possible because a treatment that heals the physical expression of chromosomes will not affect the cognitive abilities already established in the energetic structures.

Chapter 6 Potentized Remedies

Homeopathy is **not** any form of material or chemical-based medicine. It is not herbal, Ayurvedic, vitamin, mineral, or an alternative to pharmaceutical. And it is most definitely **not** a placebo effect. It is a unique discipline in itself.

There is only one form of medicine that is truly energy-based and chemical free—and that is potentized homeopathic remedies. This is true because of the dilution process.

Known as “potentizing,” the process converts the molecule from substance to a form of quantum energy. Because of this, homeopathy has been maligned and attacked by conventional-medical disciplines throughout much of its two-hundred-year history.

If scientists and allopathic (conventional) medical professionals were correct in their belief that the human body is wholly mechanistic in nature and that only chemical substances can make an impact, then diluted substances could **not** influence our health. The truth is that the present scientific view and the

mechanistic concept of body function is essentially incorrect (refer to the energy-body model discussed in the previous chapter). Fortunately, there are signs that the dogmas of science are changing and becoming more tolerant of alternative theories of health and healing.

Potentizing

As developed by Samuel Hahnemann, the founder of homeopathy, potentizing is the process of rendering natural substances into a harmless and more effective state by transforming them into energy through dilution.

The process begins with a natural herb or mineral that is dissolved into a medium to a ratio of 10% of its original substance and 90% of the dissolving medium.

The medium consists of whichever the remedy material dissolves into best, such as alcohol, water and alcohol, or lactose.

This first solution is placed in a small vial then shaken or vigorously “succussed” until completely blended—about twenty times. The result is a 1X potency, also referred to as a **mother tincture**. The X indicates the scale of 10% of the original matter in the dilution process.

Ten percent of the newly succussed and blended mother tincture is placed in a new vial, which is filled with new medium and shaken at least twenty times. This is a 2X potency.

Ten percent of this 2X blended and succussed substance is placed in a third vial and mixed with another 90% ratio of the medium, and again succussed. The resulting mixture is a 3X potency.

This process of mixing the newest resulting potency with new medium and further succussion is continued to greater and greater dilutions.

In the twenty-fourth vial of blended and succussed mixtures, there are no longer any measurable molecules of the original matter. Nevertheless, the energy inherent in the signature of the initial substance has been expanded and is present in the medium.

Each dilution and succussion process expands and enhances the presence of energy to a level greater than existed in each previous dilution.

The further a remedy has been diluted and succussed away from the original material, the more powerful (potent) it is for healing.

When a substance is placed in a bottle at a dilution ratio of 10% to 90% of the neutral medium and succussed, the energy signature inherent to the substance is released and expands as it absorbs the medium.



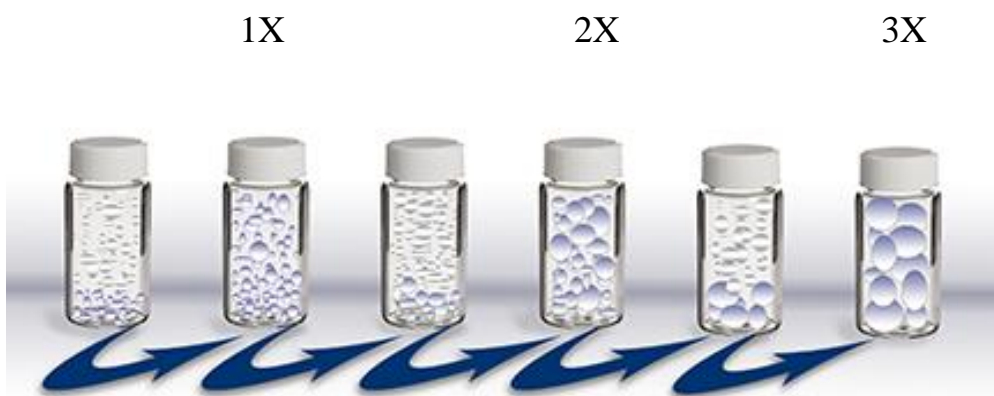
In the illustration above, the empty circles represent the alcohol medium. The solid (blue) circles represent the molecules of the original remedy substance.

After being shaken, all the medium is absorbed into the molecular structure. Further succussion will have no additional effect on the strength of the remedy as it cannot expand further until new medium is added.

As the new medium is added and absorbed, the energy signature of the original molecule continues to expand. This process is repeated in the next bottle and the same thing occurs. The energy signature from the previous bottle expands by absorbing the new medium when succussed.

Because the energy signature expands, it becomes larger and more powerful than it was in any of the previous potencies. Each time the material is potentized, the number before the X is increased by one.

It is important to understand that it is not the process of diluting the material, nor is it simply the action of shaking the vial that increases the remedy strength. Neither of these actions in and of itself, performed alone, has any effect on the strength of the potentized remedy.



Each dilution and succussion process creates larger molecules even in the presence of less substance.

* * *

The expansion of molecules not only makes the remedy more powerful for healing, but also governs which energy body structure the potency will impact most.

Utilization

How is this possible when there is no substance detectable? There is an energy or morphic field that surrounds each atom, molecule, and organism (Sheldrake).¹ Each molecule has an energy signature—a unique pattern in its morphic field. What expands in the potentizing process is the energy signature in the morphic field of the molecule. This expanded molecular dynamism is what impacts the field that surrounds a living organism.

More is Not Always Better

The idea that more is better applies only in the physical realm—and only in specific and limited instances. Although a small amount of a vitamin may be useful, excessive amounts of this same vitamin may be harmful. The amount of vital-force energy needed to store and convert it to a useful form may deplete the body's vital-force reserves.

Our physical body must convert a material substance into energy before it can be used as a nutrient. Sometimes the energy necessary for the conversion is more

than our body has available—as is the case with poisons. The poisonous material exhausts our vital force. You cannot be poisoned by a potentized remedy even if that remedy is chemically poisonous in a material form—as long as the potency is greater than the 6th dilution.

Energy medicine does not over-tax our body because the conversion to the energetic level has already taken place and serves to reinforce and enhance our vital force rather than depleting it.

Chemically inert substances, or those **unavailable** for use by our body in their original material form, will work in a potentized form. A good example is sand. Pure silica, the main component of sand, is the substance that allows a plant to hold up against the wind. If you are low in silica, you will have trouble standing up to the pressures and winds of life's changes.

By taking potentized silica, *Silicea* in Latin, the problem is corrected. Silica would do nothing if you ingested sand in its physical form.

Caution: Homeopathic Silicea cannot be used by anyone with replacement hardware in the body: such as screws, knees and hips. Silicea will expel any foreign object: including shrapnel and metallic fragments.

Potentized Energy Becomes a Remedy

The molecular signature of a substance becomes an energy pattern that can be used to adjust and modify our energy fields. Based on the rule of “like cures like,” a substance that will cause certain symptoms will cure the same symptom — matching energy for energy, the energy of a potentized remedy to the energy body and level of the illness.

When dealing with the dynamics of a homeopathically prepared potency, what determines its strength **is not how much substance it started with, but how many times it is succussed and allowed to expand into new medium.**

Proving vs Testing

In the homeopathic system, remedies are not tested as pharmaceuticals are—they are “proven.”

Proving is a process in which a potentized remedy is given repeatedly to a person with no particular symptoms. Symptoms that develop during the process are recorded.

This follows the “like cures like” principle of homeopathy. The problems recorded during a proving are used as a guide. The remedy that manifested illness in a proving is expected to cure a person who is sick with the same symptoms.

Remedies that have been proven in this manner are known to be safe and free of side effects. These are listed in the *Homeopathic Pharmacopeia of the United States (HPUS)*. If the remedies used in a combination formula are listed in the Pharmacopeia, they are considered safe and will not cause side effects. Provings have been conducted by numerous practitioners over more than two-hundred years. **The effect of the potentized remedy often has nothing to do with the chemical effects of the original source.** The symptoms found in a homeopathic proving can be far different than the symptoms related to a poisoning from a material dose of the same agent.

A homeopathic remedy may aggravate existing symptoms, but these are not side effects. Aggravations are a sign that healing is taking place because it is happening on the energetic level. They will always subside when the healing associated with the remedy is complete—often when the remedy is discontinued but more likely when the specific focus of the symptom complex has accomplished its goals.

Common aggravations that I have observed in myself and clients taking the gold formula range from bloating to diarrhea as toxins are expelled from the body—and may include muscle stiffness in the legs as the lymphatic system removes long-held debris from large muscles.

Potency Interaction

How does knowledge of energy bodies and levels impact the use of energy-based medicine?

There are two aspects that must be considered:

1. The pattern of the molecular-energy signature of the remedy that would be chosen according to the “like cures like” principle of homeopathy.
2. The number of times the remedy was potentized—which determines the vibrational level of its action.

Certain principles apply:

- Patterns of malfunction that appear in our energy bodies and subsequently in our physical body as symptoms, will determine the molecular signature that is a match to the chosen remedy (such as Sepia, Calcarea or Arsenicum).
- The time-based origin of a malady will resonate in the appropriate energy body or level and determine which dilution number (potency) of the remedy is most appropriate. The potency should match the vibrational frequency of the energy as closely as possible in order to be most effective (6th, 30th, or 200th potency).

- The choice of remedy must match the physical symptoms, while the remedy potency should match the energetic position where the illness resides.

Remedy Interaction

Each degree of potentization in the dilution process increases the vibrational rate of the remedy—from the gross in the lower potencies—to the most refined in the highest.

6th Potency

The 6th potency vibrates in the realm of matter and gross density and will work most effectively on the physical body where changes such as injury or functional disorder occur. The 6th potency can be used quite successfully for mineral absorption such as with calcium, potassium, and iron.

30th Potency

The 30th potency dilution is less dense and vibrates with the energy body and level that develops after birth as our personality and mind begin to form. It is at this level where the practitioner will find problems that originate in inheritance, or what is referred to as constitution.

The 30th potency is effective in changing constitutionally-based infirmities, such as skin rash, hormonal imbalance, and organ mal-function.

200th Potency

The 200th potency vibrates at a finer rate and resonates with the energy body and level that forms when we are around two years old—on average. This will be at the time we begin to recognize ourselves as separate from our parents and begin to form language.

Problems that develop throughout our life from trauma—physical or emotional—can be cleared with the 200th potency. It is also the best potency for sudden acute trauma, emotional and physical, just as it is happening.

1000th Potency

The 1000th dilution (1M) vibrates at an even higher frequency and resonates with the energy level that develops after the age of five—or approximately when we have the capacity to learn to read.

Problems at this frequency may appear as learning difficulties or personality traits that impact interpersonal relationships. Personality disorders may be corrected with use of the 1M potency.

10,000th Potency

The 10,000th (10M) potency is the highest form of vibrational energy that will correspond to an actual energy body and level. This is where the highest levels of intellect and personality form throughout our lifetime.

The 10M potencies can be used to improve intellect and information processing—permanently—with only one dose.

Phase Shift

How does the potentized remedy work in the energy bodies and levels?

Perhaps, it works by making your body aware there is a problem. The energy signature of the molecular makeup of the remedy, matched to the pattern of a problem in the energy body and level will create a phase shift.

A phase shift can be described as any change in a vibrational wave pattern.

Potentized remedies are chosen according to the symptoms they are known to have caused in healthy individuals (provings). A person who is suffering from similar symptoms brought on by illness will be relieved of those symptoms with the use of the remedy (like cures like).

Diseases occur in a vibrational pattern imbedded in our energy bodies and levels. The remedy impulse is a vibrational wave of quantum energy created by the dilution process (potentizing). A phase shift occurs as these two vibrational impulses meet and the illness is overpowered by the strength of the remedy (relief of symptoms).

Remedy Delivery

Since the time of Samuel Hahnemann (1755-1843), the founder of homeopathy, the traditional way to take potentized remedies has been to place the preparation under the tongue. Hahnemann believed that the remedy stimulated nerves present on the tongue. Although this has proven to be an effective way to take homeopathy, how it works has never been fully addressed.

The theory of nerve-stimulation as a reason for the remedies under the tongue is illogical since nerves are stimulated by chemical-based impulses and remedies do not contain a chemical element. Nor does potentized energy enter the blood stream as other pharmaceutical-based medicines may when taken under the tongue.

This delivery system works because there is an energy portal in this oral region. Imagine a doorway that swings open in the presence of an energetic impulse allowing the activated molecular signature of the remedy to pass into the energy bodies and levels. The delivery system for the remedy would not matter. If the

remedy is in a sugar or lactose pellet, or dissolved in water, the portal will open to accept the energy of the remedy. Yet, if there is only plain water, or plain sugar with no remedy, or food particles present, the door will remain shut.

This is why the rule of nothing in the mouth fifteen minutes before and after taking anything homeopathic has become an important as well as necessary tradition.

After being placed under the tongue, the vibrational impulse of the potentized substance will begin to move into resonance with the energy-body field and level that matches the same vibrational frequency as established by the number of times the remedy has been diluted and succussed.

For example, a remedy of 30th potency will move into and resonate with the 5th energy body and corresponding level.

The remedy moves into an energy field in a predictable way according to a match between symptoms and the illness. The wave signal in the remedy will create non-equilibrium in the energy-body field by establishing small dynamic oscillations. At the moment the oscillating impulse of the substance finds its match in the disease pattern, a reaction occurs, which appears chaotic in linear time, creating destabilization and non-equilibrium. This is when aggravations may occur.

When a match is established between the disease pattern in the energy field and the remedy's molecular signature, the dynamic impulse of the remedy overpowers

and disintegrates all components related to the illness—similar to the way sound waves shatter a wine glass. This shattering allows a new expression to emerge.

After this, the disease is destroyed. Your body tries to reestablish equilibrium, creating a phase-shift and a new state of normal that does not include the illness. Wellness becomes the new state of equilibrium.²

The discussion of the phase-shift described above is an example of the classically chosen homeopathic remedy, selected according to a match of symptoms expressed by the disease state throughout the body from head to toe (holistic).

The Alchemical Gold Formula is made up of common remedies in the 3d and 6th potencies. This means that the preparation works in the material parts of the body to repair DNA damage. But because it is energetically potentized, it will reach to all levels of damage in each chromosome affected throughout body cells.

Part 3---An Autobiographical Disclosure

Chapter 7 A Ghostly Hitchhiker

All right, I guess I'm ready to talk about the way it all began. For a long time, I've tried to maneuver around what really happened. But I think I'd better tell the whole story.

It's been over thirty years since these remarkable events were set in motion. It was incredible then and still seems so now. I'm talking about the time a ghost kicked me in the butt.

The major religions tell us that a disincarnate spirit is probably not wandering around on earth or engaging in confrontations with people. Since I had experience with several faith systems, I tended toward this point of view. I started life as a member of the protestant faith. Methodist and Episcopal churches were some I was taken to as a child. When I was fourteen, I converted to Catholicism and spent my high-school years learning Catechism. The church recognizes spirit encounters but expect they would be with canonized saints and angels. More commonly, demons are to blame.

In 1972, I married a Muslim. A year later, I converted to Islam and spent the next ten years learning the Sunnah of the Prophet Muhammad and memorizing

Quranic verses. Islam presumes the soul of the dead would go directly to heaven or hell and not be hanging around us much. Paranormal encounters would more likely be with other entities, such as the group of beings known as the djinn (think of the genie from Aladdin).

For eight years, I lived in a Muslim country, Pakistan, my husband's home. During my stay, I discovered that in places where more than half of the population has never seen the inside of a classroom or felt the influence of teachers in an educational environment, superstition and belief in spirits is amazingly strong—as if these folks had never been taught not to believe. I heard numerous stories of confrontations with entities such as djinns. However, none of this prepared me for my encounter.

Destiny

A friend of mine who had been involved in metaphysical work for a long time talked about destiny as if it were waves on an ocean with highs and lows of ethereal substance. These waves can rise and splash over the twine of our chosen timeline on occasion. During destiny's low, we can do whatever we wish and plan whatever we want. But when the tide rises and splashes over life's cord, there is nothing we can do to stop what ultimately transpires as a result.

I was a student of Fine Arts at the University of California, Davis when I met my husband. Muhammad came to the U.S. as a foreign student in 1968, the year I graduated from high school. During the Civil Rights Movement of the 60s, universities began to open their doors to more foreign students, and Muhammad had won a fellowship to study at U.C. Davis. After he had finished his master's degree in water science, he was hired by the university to do research. As destiny would have it, I met him in the spring of '72 and we were married in September of that same year. We settled into domestic life in the town of Davis. Our daughter was born in 1976 and a son arrived in the winter of 1980.

In 1981, we decided to move to Pakistan. We first settled in Lahore, surrounded by Muhammad's family. My youngest son was born in Lahore in 1982.

A few years later, my children developed Hepatitis A, an acute, self-limiting disease that comes from contaminated water or food. Most Pakistanis will have it at some time during childhood. The individual gets well within a couple of weeks and develops immunity. Having Hepatitis as an adult creates a much more severe illness.

During the time my kids were sick, my doctor sister-in-law recommended we give them steroids. I was shocked. I complained that I didn't think steroids were a good idea for a small child with a sick liver. I thought the practice could lead to other health-related problems later in life. She waved her hand and said that

didn't matter, that it was a common practice to give this sort of medication for a Hepatitis A infection. She explained that the kid perks up, the parents think they are great doctors and recommend them to their friends. I decided right then and there that I needed to find a way to treat my children myself. I felt I was the only person I could trust to look after their health.

In addition, my daughter experienced recurring tonsillitis. She had just started school, but she was home ten days out of each month with a high fever. Antibiotics were not helping, and we couldn't get her well. A tonsillectomy would have seemed appropriate, but I didn't trust the hospitals or doctors.

I felt isolated, alone, and depressed. I started to sleep as much as I could get away with. That's when destiny splashed against my timeline. My husband introduced me to my first homeopathic doctor. During dinner one evening I asked him what it was he practiced. He handed me a pamphlet from the British Homeopathic Society, and I decided to read it. I was instantly fascinated.

The book described a system that was not only unscientific but ethereal in nature. At first, I couldn't believe such a system was real, but I just knew it was the answer to my problems. The next time I saw the doctor, I asked him if he could help us get healthy. He gave a simple wave of his hand and said, "Do not worry, I will take care of everything."

Within a few weeks everyone was better and I was fascinated. I began to study right then and there. Eventually, I completed a Degree in Homeopathic Medical Sciences (D.H.M.S.) and was licensed by the Government of Pakistan to practice. However, in 1989, when the leadership of the country changed, and things were no longer comfortable, we came back to the States and settled in Southern California. To my great surprise, I learned that my new profession had not existed in the States for several decades.

Thinking I needed to get serious about finding a real job, I enrolled in the university to work toward a teaching credential. I began as a substitute teacher during the day, and I found a job teaching ESL (English as a Second Language) in the evenings in the L.A. Unified School District.

That butt-kicking ghost first appeared in my car in the fall of 1993. Each evening, I drove fifty miles from my home in the San Bernardino area of Southern California to Los Angeles County to teach. Late at night, as I drove home, moving along the freeway, my mind suspended from other activities, I discovered I was not alone. I had a passenger riding with me.

It began with a feeling, like static on the back of my neck. The next thing was a slight pressure, as if someone was sitting in the back seat behind me pushing knees into my seat. I tried to ignore this sensation, as if it were not happening—as if what I began to speculate could not really be possible.

The next time my kids were in the car, they noticed a greasy place on the back seat. Despite efforts to clean it, nothing could wash it away.

Next, there was a fragrance of roses, my favorite flower, but I had done nothing to create this perfume in my car—and my passenger became more active. The knees through the seat began to move up and down instead of just creating pressure. I couldn't deny or justify any longer. I had a ghost riding with me. The real question was who he might be—and why he was there.

Soon after, the teacher in the classroom next to me told me of a psychic she had just met. I had never had a reading before. I was intrigued so I made an appointment. I paid this lady \$25.00 for fifteen-minutes of her time. She began to talk, and she kept talking—for two hours. Tears streamed down my face the entire time. Deep inside my soul, I knew she was right. I came to realize why I had had no fear of this ghostly rider.

This talented lady told me my spirit hitchhiker was my paternal grandfather. He was here to help me establish contact with other dimensions. The psychic went on to explain that there was a group of entities telling her that I had agreed to do a job for them before I came into this lifetime—and I wasn't doing it. They were getting desperate to get me back on track before it was too late. I was told that people would begin to appear in my life who would guide and help me, and that I just needed to be aware.

As I listened to her, I felt intensely emotional. I was certain that many of my unusual experiences were all part of the grand plan. One reason I felt this way was because I could only have studied the homeopathic discipline in a foreign country at that time. Destiny had definitely played a part. The American schools had been closed in the 1920s and remedies were on the prescription-only list until 1989. It was because the profession was out of my reach in California that I had decided to become a teacher—that is until my ghostly hitchhiker made his point. That evening, I received a swift kick from the back seat. From then on, the activities of my ghostly rider were more pronounced.

Soon after the reading, I began to make changes. I quit my teaching jobs and dropped out of the credentialing program at the university. I took a position at Capitol Drugs in West Hollywood as a homeopathic pharmacist. By that time, remedies were over the counter but few people in the states knew how to use them. Capitol Drugs was one of the first shops in Southern California to combine a conventional pharmacy with alternative and dietary supplements—including homeopathy. The founder had spent time in Europe where remedies were in common use. Since I had a degree in the discipline, I was uniquely qualified.

Capitol Drugs had already established a reputation for advising customers on natural herbal and vitamin supplements. The store carried many common potentized remedies but didn't sell a lot of them. With me in the store, it became

possible for people to come in, tell me their symptoms, and leave with the remedy that was right for them.

In the beginning, I applied the principles I had learned from my studies—which meant that I listened to health-related problems and matched those to a set of similar symptoms written in a *Materia Medica* book. If the symptoms matched, theoretically, the remedies should work. Up until this time, I had only treated family and friends. The remedies did work and worked well when these principles were applied. Over time, I discovered patterns that increased my ability to choose remedies more efficiently. My success created confidence—confidence created a reputation.

In 1997, while still living in San Bernardino County, I decided it was time to start a practice of my own. I had been working at Capitol Drugs for almost three years, which meant I was driving 110 miles round trip every day. I decided to cut down the number of days I was traveling to West Hollywood and concentrate my efforts in my own neck of the woods.

The first thing I did was to send a letter to several chiropractors and acupuncturists in the Inland Empire (the triangle formed by the cities of Pomona, San Bernardino, and Riverside). In the letter, I explained my qualifications and my experience at Capitol Drugs. I received only one reply from an acupuncturist in Riverside.

We agreed that I would use a small room in the office and bring in my own people. The day I booked my first client, the practitioner told me that I had to leave. He had just decided to carry malpractice insurance. What he had not known was that malpractice insurance for acupuncturists required that homeopathy not be a part of the practice. This is because homeopathy and acupuncture treat the same Qi energy. Some acupuncturists believe homeopathy can be a possible antidote to treatment—or maybe a point of competition. I was thrown out before I had even begun. This is where destiny rose up once more.

I went ahead and met with my client before I packed my things. Interestingly, she happened to be a member of the Parapsychology Association of Riverside (PAR), a metaphysical organization made up of psychics, mediums, tarot-card readers, and energy healers. Dr. Hazel Denning, a noteworthy hypnotherapist and past-life regression pioneer, had founded the group in the 1970s. Interestingly, Dr. Denning's grandfather had been a homeopath.

I told my client I had to leave the office. She graciously took me down the street to another PAR member who practiced hypnotherapy in her own metaphysical treatment center. This generous lady gave me an office as well as an introduction to the president of the association. He was a tall man with a commanding presence. I told him about my work, and he decided I should give a presentation in the general meeting. I did give a lecture—just a few weeks later. As

a result, people from the parapsychology group began to come to the office and my practice was established.

By associating with this group, I learned about methods of divination, past-life journeys through hypnosis, and connecting to pockets of information residing in other dimensions. I participated in sessions with channeled spirits and connected with the entities that had sent a ghost to ride with me in my car, kick me in the butt and get me back on track.

Over the years I've been instructed by some truly remarkable teachers. I studied energetic healing with a Chinese Kung Fu master. I learned the true nature of Qi energy and many health-related issues from an incredibly talented lady from the back hills of Kentucky. This extraordinary woman had the ability to talk to entities directly. Slowly, I learned to gather information by intuitive means. Through all these journeys, my ghostly hitchhiker continued to ride with me, but he was not the only visitor from the other side of the veil I have encountered.

Part 4--Transformation

Chapter 8 Development of the Noosphere

According to the late José Argüelles¹, founder of Earth Day and the Whole Earth Festival, the noosphere is a layer of mind/consciousness energy that is a part of the electro-magnetic field that surrounds the earth. First named by the Jesuit priest and paleontologist, Pierre Teilhard de Chardin in the 1920s, the term “noosphere” refers to the mental sheath or envelope of thought consciousness that encompasses the outer atmosphere of our earth. The name is derived from *nous*, the Greek word for mind. The noosphere contains a continuous stream of higher-thought forms and an ocean of mental waves that make up the universal consciousness. The noosphere has always been there but lies in the state of unconsciousness and is unavailable for most humans.

The next phase in human development is expected to bring the noosphere fully into consciousness for the mental and spiritual freedom of all of humanity. At that point of development, when humans are connected telepathically, we will have reached what de Chardin called the *Omega Point*. In that position, there will be no need for greed, prejudice, domination, suppression, or persecution. Selflessness will prevail. We will understand one another and communication will be perpetual.

The manifestation of these ideas is entirely possible because all cerebral activity carries an electromagnetic charge. Sometime in the future, this electromagnetic brain activity in human consciousness will join with the electromagnetic field surrounding the earth—and the noosphere will merge with consciousness.

Have you wondered why so many people are connected to cell phones constantly—texting, calling, or checking and leaving messages on social media sites? Everywhere one looks—whether it is on the street, in a store or even in cars—people are looking at a cell phone. There is even a new term for it: nomophobia—the fear of not knowing what is going on and the need to check the messages frequently to keep in contact. Perhaps the population is anticipating and preparing for the development of telepathy.

Argüelles called this electronic connectedness the *Cybersphere* and postulated it to be a training ground to raise awareness and speed the development of the conscious noosphere. When that happens, not only will we be connected and aware of one another, but our dimension will merge with heretofore unseen dimensions and possibly open communication with other worlds. It is then that we become citizens of the universe.

The Transformation

Our solar system lies at the outer edge of the Milky Way galaxy. The galaxy is in constant spin motion, like the spin of a pinwheel. Our solar system goes along for the ride and completes one revolutionary cycle every 230 million years or so. In addition, the earth wobbles on its axis, known as the precession of the equinoxes. During this cycle, our view of celestial-star formations changes. A complete rotation takes about 26,000 years to complete. Sri Yukteswar, an Indian Sanskrit scholar writing at the end of the 19th Century, called this cycle a great year and identified 12,000-year patterns of rise and fall in human mental structures. In the descent period, consciousness falls into darkness. The 12,000-year-ascending arc brings enlightenment and a golden age in human thought. The end of the Mayan Calendar seems to indicate a completion of one of these great-year-cycles and the beginning of the ascending arc.

Ionization

Scientists have identified a cloud of ionized particles, or plasma, that sits at the edge of our galaxy. Our journey around the galaxy, as well as earth's wobble, seems to have brought us into the middle of this plasma cloud. With this influx of ionized particles into our solar system and earth's atmosphere, human

consciousness could be affected. Perhaps humankind is entering a period in which a new golden age is possible.

There is a universal consciousness. We all tap into it. Everyone receives information through it—even though we are not always aware.

Human beings are more energy than material flesh and blood, yet our traditional institutions and our medical systems have led us to believe otherwise. I think, however, most of us are becoming aware that there is an energy that extends beyond our physical body.

In reality, our bodies are amplification and receiving stations for information in electromagnetic fields outside of us. Most of us do not tune into the correct frequencies to receive information in our conscious mind. Nevertheless, the influence is there.

As our solar system enters the cloud of ionized particles and the concentration of atmospheric plasma increases, there is an expanding energetic effect exerted on the human body. These changes can and will cause the structures in the aura surrounding our bodies to change and create paradigm shifts in our consciousness—which will also alter the way our material body functions. In other words, the impulses from the environment are pure energy and will modify our consciousness as it transforms our energetic and physical structures.

If the corporeal anatomy is not able to accommodate the changes coming through the energy shift in the environment, illness could occur. This is true because our bodies of flesh and blood are controlled by the energy bands in and around us. If these dynamic spheres are rigid due to unchangeable beliefs and prejudices, the physical body will feel the pain.

I have always felt it possible to develop homeopathic remedies that could clear our ancestral past and allow fresh thinking patterns to alter the aura. These remedies could possibly help raise consciousness as needed, along with the changes in the environment around us, and lead to a healthier population. Now, in 2024, I realize we can change the expression of genes with a remedy formula.

Gold

In the 1930s, Guy Ballard, under the name of Godfré Ray King², wrote a book in which he claimed to have meetings with a spirit entity he called St. Germaine. Meeting with King on the slopes of Mt. Shasta in Northern California, St. Germaine explained the importance of gold and identified the element as a purifying, balancing, and revitalizing substance.

It seems gold is everywhere in our environment and is necessary for the balancing of our atmosphere. In addition, gold is essential for our body's ability to carry oxygen in the blood (a homeopathic principle of the remedy Aurum

Metallicum) as well as for transforming consciousness. According to St. Germaine, a golden age occurs when the masses of a people absorb gold's purifying energy. It is then that a population is raised to a greater perfection and the spiritual development.

Chapter 9 Alchemy

Alchemy means change

The word alchemy has long referred to the possibility of transforming lesser metals into gold and the creation of a universal elixir to cure all illnesses. The concepts of alchemy are believed to have originated from one man: a mysterious ancient person known through historical sources as Thoth Hermes Trismegistus, the supposed writer of the sacred book of Thoth. Among the Greeks and Romans, Hermes (or Mercury) was the god of communication, health, and happiness. The concepts written in the book were passed to the ancient Egyptians and Thoth became the name of one of the most important gods of the Egyptian pantheon.

In Greek mythology, the staff of Hermes, the double intertwined snakes of the caduceus, represented the balance between life and death. In more recent centuries, this image has become the symbol of medicine and physician care, even though it was once a symbol of self-healing skills. The center rod represents the

spinal column of the human body. The wings represent the ventricles, the fluid-filled chambers under the brain.



The ball at the top of the rod symbolizes the Pineal gland. The two intertwining snakes designate the potential of activating hormones excreted by the endocrine glands, which are the Chakra points of Indian philosophy. One snake is the symbol of raising those hormones in the spinal fluid to the ventricles. From the ventricles, the hormones activate the Pituitary gland, which then initiates the special hormone of wisdom that is waiting in the Pineal gland. After this hormone is released from the Pineal, the second snake symbolically swallows the substance and delivers it to every cell.

Basically, the hormones released from the endocrine glands are present in most people, but they are not being utilized properly. It is a belief that an alchemical elixir can reestablish proper function and create wisdom.

At a time in ancient Egyptian history in which the royal house was usurped by foreign invaders, the knowledge of alchemy was driven underground and became an occult secret to be preserved through the ages. In the truest sense of the word, occult has always referred to those who had true knowledge—that is, until

science became a left-brain activity—at which time “occult” became a word associated with heretics and torture and death through inquisitions.

As men began to force domination through invasion and war, alchemy became even more secret. Sufi mystics preserved the knowledge and passed it from the prophet Abraham to the seers of the Arab tribes. European adepts and holders of the secrets learned of the concepts from the Arab Sufis. Many of the great philosophers and thinkers of history were holders of the secrets of alchemy. This hidden information was not to be shared except with those initiated into a cult and proven to be worthy to keep the mysteries, lest it fall into the wrong hands and be destroyed or used for the wrong purposes. The secrets of alchemy became so secret that through time, the codes for deciphering the information were lost. And yet references to the concepts can be found in the scripture, myth, and great works of Art throughout human history.

Historically, alchemy refers to longevity and immortality in China. In India, alchemy is the perfect panacea and combination of medicines to cure all illnesses. In the West, the ideas of alchemy have always referred to the philosopher’s stone that turns lead to gold and paupers into kings. Carl Jung used the word alchemy to describe a form of psychological and spiritual transformation. Maybe a remedy based on alchemical principles could embrace all of these concepts?

It is my belief that gold behaves as lead in the body unless it is converted to a usable form by a substance that acts as a philosopher's stone. When converted, gold becomes the elixir of longevity, the perfect panacea of legend and creates the spiritual, mental, and moral perfection for a life to be lived in splendor. I find it fascinating that the name of the first alchemist, Hermes Thoth Trismegistus, is pronounced in the same way as the word "*Thoth*" in the *Urdu* language, which is a word that refers to this perfectly splendid existence—not a life of wealth, but rather of ideal contentment.

The mysteries of alchemy are centuries old. The processes described seem lengthy, cumbersome, and in some cases dangerous. The effort may or may not yield an elixir that could possibly restore health and bring longevity. It occurred to me that homeopathic potentizing could achieve the same results as these time-consuming procedures, but with much less work and none of the danger.

Much of what has been written implies that restoration of metaphysical abilities and longevity to humankind will take place with the discovery of an elixir distilled from a lesser metal that magically converts to metallic gold. It is this mysterious golden formula that will reestablish proper genetic and cell function. There may be truth in this, but I believe it is the other way around. Possibly, a common substance becomes useful in converting metallic gold to a form the body can use in an elixir formula.

After intuitively studying alchemical philosophy and concepts through several sources—material and metaphysical—for many years, I began to experiment with remedies that combined alchemical ideas with homeopathic principles. I took these remedies by way of experimentation and created some interesting results. For one thing, I began to lose weight. However, the reduction in weight was secondary to improvement in my general health. My energy levels improved, my insulin resistance declined, cellulite began to melt and muscle tone throughout my body increased. Yet, it took years of experimentation to achieve the most effective combination of remedies—and of course there were many setbacks in this process.

DNA Coding

The structure of coded material in human DNA is a receiving unit, much as a radio is a receiving unit for transmissions broadcast over air waves. If the radio is not properly tuned, the program cannot be heard. In much the same way, if the DNA coding is not tuned to a particular transmission, the programming or message will be scrambled and not complete. Functional disorders and vulnerability to disease-causing organisms are caused by scrambled messages. The improper

message cannot be received in genetic coding. A potentized remedy provides the information necessary to unscramble messages and bring order in cells.

Gold Elixir

The ancient mystery schools have long identified metallic gold as the nutrient that encourages improved function and correction of disorders in human bodies.

I have read a lot about something called mono-atomic gold. This substance is achieved by a process whereby pure metallic gold is transmuted into a sweet white powder by an electrical arcing process. This single-atom-gold powder is then consumed as an elixir that is intended to cure all ills. Except that from what I've read on the internet, those who have experimented with the modern version of a supposed ancient formula, have not experienced any of the promised benefits. In fact, many have suffered serious side effects.

Here's my secret: I speculated the legendary philosopher's stone, this special tool that turns lead into gold—that is written about from the time of Francis Bacon to modern literature such as *Harry Potter*—is not a tool to transform lesser metals into precious ones. Rather, it is a common element that converts gold into a form that can be utilized by the cells of the human body as a nutrient. I theorized that if this gold-converting-philosopher's-stone element were homeopathic potentized and

mixed with potentized gold, the result would be something extraordinary. A potential elixir would perhaps be effective as well as safe—very different from what modern alchemists have been trying to achieve with the electrical arcing process.

Hyacinth

Have you ever read the Greek Myth regarding the Hyacinth flower? In the story, Prince Hyacinthus was a young, beautiful lad who was Apollo's companion. The unfortunate man was killed by a discus thrown by Apollo during a friendly game. The god rushed to the poor fellow and watched as his young, healthy blood stained the grass. A flower immediately grew up in the place where the youth's blood had flowed onto the ground. The flower was named in his honor.

This story suggested to me that the hyacinth flower may contain elements that could possibly transmit the youthfulness of young Hyacinthus to anyone that used it as a remedy. I do know that the essence of the blossom is often used in expensive skin creams for keeping skin smooth and youthful looking. My guides had indicated that the potentized extract would help the converted gold find its way into body cells. Through a search of Ayurvedic remedies and ancient *Hindi* words, I eventually found another flower of the hyacinth family that was compatible with ionization changes in the environment. (Agraphus Nut.)

But these were not the only messages. Over time, I intuited that curcuma in the turmeric root helps get the energy fields connected to ancient wisdom moving in the body—as well as help cells accept changes coming through these fields. Turmeric is the deep-yellow spice that makes curry powder yellow. It has been included in Indian curry for centuries and is a main ingredient in many Ayurvedic medicines. I used potentized curcuma in my alchemical formula for a while, but again, with the ionization of the environment, the impact of that particular remedy changed, and I had to update the formula with a similar but different botanical-based remedy. (Sumbul)

New Revelations

In my bedroom is a lamp that turns on by touch alone. There is no switch. One only has to touch any surface and the bulbs will light up. Suddenly, a few months into the year 2010, the lamp started turning on by itself when no one was in the room.

At first, I thought it might be malfunctioning. But the lamp never came on when I was sleeping or in the daytime. The light only came on in the evening as bedtime approached. One day, I became annoyed that it would come on by itself when no one was in the room, so I pulled the plug out of the socket. Sometime

later, I went in to go to bed. The light was on. The plug was still hanging out of the socket, but, somehow, something had caused the lamp to come on. At that moment, I realized I had a new entity in the house. He turned on the light to let me know he was there. Over the next few months, my dreams became more lucid and new ideas began to form in my mind.

I began to get ideas about remedies I had never used before. In most cases, these were obscure and not common in general practice. In all cases, these remedies were in the HPUS. (Homeopathic Pharmacopoeia of the United States), which meant they were already proven and legal in the States. I decided to put some of these remedies together to see if I could create an elixir to improve health and correct disfunction in human DNA.

Development

Gold is a nutrient that seems to be well absorbed by body cells. This precious metal is a superior electrical conductor. It is used in computer processing chips. It never rusts or oxidizes. Ancient alchemists experimented with the metal in their attempts to find the perfect elixir to extend life expectancy.

Over several years of experimentation. I put remedies together into formulas, testing those formulas on myself, tweaking the ingredients, and retesting

to see what the effect could be. If nothing happened, I mixed again, but when I had the correct combination of the perfect gold formula, things started to change.

At first, I noticed a feeling of energy swirling around my feet as if I were walking in a whirlpool. Slowly, I noticed improvement in my general health. My blood-sugar levels dropped, my weight began to fall, muscle tone and circulation improved. I started to offer the gold formula to clients. Many saw good results. Over the following years, I worked with more formulas based on other metals such as platinum, silver, and nickel. However, the Gold Formula proved to be the most endearing.

I have been a homeopathic practitioner for over forty years. The one thing that drew me to homeopathy in the beginning, in addition to the fact that I found it to be extremely effective, was the fact that I could not harm anyone by recommending remedies, even if the person took them wrong. If a person takes a homeopathic remedy in the wrong manner, nothing happens. There is no toxic build up, no drug overdose, no harmful effect at all. That aspect always appealed to me. However, I had to be sure that the long-term use of an alchemical-gold formula could not cause a habit in the body that could lead to unwanted symptoms. After fifteen years of taking the Gold Formula, I have found no problems or side effects.

In the beginning, I did experience some bloating, fluid retention and nausea, but these symptoms proved to be temporary and connected with an initial toxin-clearing action.

There is a new concept in homeopathy where it is believed that human bodies carry many toxins that must be expelled in order to achieve good health. One homeopathic pharmacy has developed remedies from this list of toxins that is to help individuals achieve a detoxing effect when used separately for a short time. The list is long and includes air pollution, chemical toxins, metal poisonings, pesticides, herbicides, smokes, water pollution, radiation, acetone, aluminum, amalgams, asbestos, aspartame, cadmiums, dioxins, fluoride, iron, lead, organophosphates, radon, silicon, strontium and uranium. I agree that the body cannot achieve good health without getting rid of these toxins, but taking each one separately seems daunting and expensive. Yet it appears possible that all of these substances are detoxed with the ongoing use of the Gold Formula.

I believe it is possible that the Gold Formula can actually extend telomere length of chromosomes in the DNA of body cells. This would help to eliminate degenerative diseases and improve overall health. After all, what good is a longer life span if the general health is not good?

Chapter 10 My Experience

For me, the “lazy” lymphatic system first began causing problems when I was three-years old. At that young age, I came down with severe kidney infections. For three months, I was in bed with fever and wasn’t allowed to get up at all. I didn’t understand a lot about this at the time, but I knew I must have been sick because I received many get-well gifts from friends and relatives.

I do remember feeling bad, with frequent visits from the doctor. In 1953, the doctor came to the house. There were also many trips to his clinic for tests. On one particular occasion, the nurses tried to find a vein in my arm to use for drawing blood. They were having difficulty and had pricked me several times. Finally, the doctor came in and achieved success. But he told me in no uncertain terms that I had too much fat on my body, and I had to do something to lose weight. He recommended a diet regime to my mother. At age three, I began my first experience with attempting weight loss.

I recovered from the kidney infection due to one of the first sulfa drugs developed. Until that anti-biotic came along, the doctor wasn’t sure I’d recover at all.

At three years of age, I was put on a weight-loss diet. I wasn’t allowed ice cream when my brother and sister were treated to desert. Diet foods and sugar-free

products didn't exist back then. My food portions were monitored. Sometimes I had different foods than the rest of the family. I felt left out. To me it was a punishment—and I really didn't understand it. Nothing changed. As I grew, the pudginess remained the same.

In my freshman year of high school, my father declared enough is enough. He took me to a doctor who prescribed thyroid hormones and amphetamines. That was the conventional medical opinion for treating obesity in 1964. I remember feeling animated and hyper, but I don't think I lost any weight, at least not for long.

After four years, I told my father I was quitting the amphetamines. He asked me why. "Don't you want to be slim like other girls?" was his question. I replied that it has been four years, "do you see any results?" I felt that the pills had caused me to be less able to control my weight. And those newly marketed sugar-free diet drinks seemed to make my abdomen bigger than ever. I continued to take the thyroid hormones until I discovered homeopathy.

In the years that followed, I tried all sorts of aids for solving obesity. If I lost weight, I gained back more. I tried the Fen/Phen pharmaceutical in the 80s. Supposedly "safe" natural-weight-loss pills that contain ephedra in the 90s. Those herbal products had had the same effect on my body as the amphetamines. By the time I turned fifty in the year 2000, I was in a state described as Syndrome X and very close to being diabetic. Fortunately, I managed to put together a homeopathic

formula that reopened nutritional-receptor sites on body cells and my blood sugar levels returned to normal. With my original gold formula, I lost forty pounds. A permanent reduction in my overall weight. But the inherited pudginess remained. I still looked fat. Many people didn't believe I had actually lost weight on the formula. I recommended that remedy to several clients over the next several years. Some were very successful in losing weight, some were not. However, all received an increase in general vitality and a feeling of renewed wellbeing.

In the spring of 2023, I had an epiphany inspired by esoteric means. I realized that my deepest issues with body bulk followed a genetic line. I started researching the lymphatic system. There wasn't much medical information, but I did find publications generated by massage therapists. I discovered that indeed, a mal formed, poorly functioning lymphatic system can be inherited. I set out right away to search for a homeopathic solution to this problem. My search for a solution to my weight issues led me to understand how damage to DNA can lead to lymphatic insufficiency that can impact neurological function.

Lymphatic System Recovery

In July of 2023, I dreamt a lucid dream that suggested I needed to change and upgrade my original gold formula.

By following my intuition, I referred to the William Boericke *Materia Medica*, *The Pocket Manual of Homeopathic Materia Medica and Repertory*, first published in the 1920s. A *Materia Medica* is a book that lists symptoms that arise when a homeopathically diluted form of a common substance is given to a healthy person. This is a **proving**, an effort to find what the substance will cause, and therefore, cure in a person experiencing those symptoms. This book is still a go-to reference for many homeopathic practitioners.

There is an entry for a remedy made from the Bluebell flower, which is considered a wild hyacinth. In Latin, the homeopathically diluted preparation is called *Agraphus Nutans*. It's a short entry in this book, but it is a remedy I've used in the original gold formula in the mother tincture, the 1X potency, for many years. (Do not try this remedy on its own. Read through to the end)

On the day I was led by my guides to look again at this remedy, I discovered several symptoms related to infection and catarrhal conditions involving mucus membranes. From this, I realized that the *Agraphus* remedy had a lot to do with a compromised immune system. The symptom complex included the entry "Mutinism of childhood unconnected with deafness." This to me describes a common symptom of autism. At this point, I began to explore more information about the lymphatic system and its role in immunity and autism.

By way of experimentation, I took the Agraphus remedy in a 3X potency for a few months and created only a little success in solving my lymphatic problems. My hips and legs did seem to reduce in size, but with no loss of weight. However, I did experience a lot of aggravations—leading me to believe the remedy alone was not the answer to my life-long pudginess or my mild autism symptoms.

At this point, I received another incredible message. The lazy lymphatic function that I had been trying to fix had been impacted and only partially corrected by the Agraphus Nutans. That remedy regime had worked on the superficial lymphatic system, the network that lies just under the skin layer. However, the deeper structures that service the intestinal tract and internal organs had not been affected.

My guides indicated the greatest effect in healing my inherited problems with lymph would be from the Mercurius Solubilis remedy added to the original gold formula. I was astonished by this idea.

According to this new information, the mercury-based homeopathic remedy, Mercurius Solubilis, in a 12th or 15th potency, added to the existing gold formula could cure the entire lazy-lymphatic system, and possibly impact neurological systems responsible for problems such as ASD symptoms, ALS, Parkinson's and maybe even Huntington's syndrome.

This is the origin of the idea that an ancestor in a previous generation treated with mercury for Syphilis could have passed down mercury-damaged DNA to their descendants. While a Syphilis infection may damage the genes in one way, it is the mercury treatment that has caused the compromised lymph system.

With this knowledge, I created a new formula, the “Alchemical Gold Formula.” This is the name I’ve applied to my original gold formulas that includes the potency upgrade of Agraphus Nutans from a mother tincture to a 3X potency, and Mercurius Solubilis 15C.

The theory is that Agraphus and Mercurius will heal the lymph systems—both the superficial and the deep structures. Additionally, the Aurum and Antimuonium remedies in the original formula will protect the heart and increase oxygen absorption—while the Sumbul allows the formula to be absorbed through receptor sites on cells and directly into the nucleus where the remedy mixture can repair DNA—according to my sources.

For autism recovery, this Alchemical Gold Formula needs only to be taken for ten days. All ages of people on the spectrum could benefit (my previous protocol was most effective for the very young). When taken, symptoms could be relieved but savant and special abilities would be retained.

Healing in the lymphatic system takes time. Immediate changes will not be apparent right away. However, it is the damage to DNA from the mercury

treatments of the past that could very well be the source of neurological problems—and the diseases caused by those problems.

Chapter 11 Through the Years

Let us not forget that all homeopathic remedies follow the “like cures like” principle. This is even true for combination formulas.

After developing the gold formula in the early 2000s, my weight decreased, insulin resistance caused by taking diet pills reversed, and I felt a renewed vigor that amazed me. However, I also experienced a lot of leg pain that made walking difficult. After a month or so, the pain subsided and life would returned to normal. I hadn't understood why the discomfort developed, but since the formula had other more important benefits, I didn't really explore why.

Over the next ten years, I took the formula many times, mostly in efforts to maintain weight. I also felt that if the formula had any lingering problems, I should be the one to uncover them, not my clients. In recommending the remedy to those who came to see me when warranted, and I never heard anyone complain about the pain on walking. However, my soreness returned every time I took the formula, but always subsiding in a reasonable time.

In 2023, at the time I was attempting to treat my lazy lymphatic problems, the pain in my leg muscles became more severe. Through that winter, and into the spring of 2024, the pain was so bad I began to be concerned.

Whenever I got up from a sitting position, the pain and stiffness were excruciating. Attempting the first few steps were scary and I often felt I could fall. Going up and down stairs became challenging.

After stepping through the early stages of this situation, I could continue without so much stiffness. The more I moved, the better I could move, although always very slowly and in discomfort. Walking through a parking lot to go grocery shopping became a real challenge.

I was seventy-four years old at this time and I became concerned that this pain would be with me for the rest of my life. I was also worried that I was developing a real problem—such as ALS for MS.

In July of 2024 when I first took my newly revised Alchemical Gold Formula, the pain started to subside. Within a week or two I could move more easily, and the pain continued to diminish. A month later, I was able to walk several blocks without any problem. I wasn't all the way back to normal, but I felt I would be in time, in spite of my age exceeding three quarters of a century.

This is when I realized the I had taken the Agraphus remedy along with the gold formula enough times to create a homeopathic proving. According to the like

cures like principle, I had created the symptoms consistent with neurological problems. The Alchemical Gold Formula relieved me of the symptoms, and I began to feel normal. This is when I understood the formula would help patients with neurological-based diseases.

It is my theory that the inherited lymphatic problem causes debris to be left behind to settle in layer of muscle tissue—which interferes with nerve endings and causes the pain similar to the deterioration found in neurological diseases. The Alchemical Gold Formula changes the damage to DNA caused by mercury from past generations. The lymphatic system begins to pick up its lost and forgotten packages. Due to the absence of the pain-causing debris, the nerves can possibly regenerate, and symptoms have the potential to disappear.

Taking Folic Acid supplements may also help to regenerate nerves. Also, there are other homeopathic formulas in my arsenal that can aide recovery. I pray for the opportunity to test my theories.

(I've given hints as to the contents of the formula, but this is not the complete recipe nor how it is put together. Please do not try to make it yourself.)

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End notes

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3. Alice Bailey, (*A Treatise on White Magic*, Lucis Publishing 1934)

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